



EBA Division Rules Boys 2/3 and Girls 1/2/3

Above all else, this is an instructional league. Focus must be placed on instruction and skill development, not winning at all costs. While unlikely at this age level, please control your parents if they get “crazy”. Please share these rules with parents and have them reference the EBA website.

Coach / Official

1. One coach from each team must be on the court to “officiate” the game. Both coaches should be positioned as officials. One person on the end-line and the other person at the three point area opposite each other and not on the same side of the court. Move up and down the court with your players.
2. Each coach should be consistent and should be instructing / encouraging the players on what to do and where to go. Be positive and recognize a good pass or shot.
 - a. Use your whistle to control the game. The kids will listen. **Do not let the kids just run up and down the floor chaotically.** Slow them down and let the defense set up. If it gets crazy, just blow your whistle and slow it down! You are in control.
 - b. Use judgment in calling fouls, traveling and double dribbling. Focus on **your own team** but you can call on the other team if necessary. General guidelines:
 - i. Call traveling and double dribble on all well skilled players. These players will stand out. You are not helping them by not calling the obvious violations.
 - ii. Use your judgment calling traveling and double dribble on younger or unskilled players. Let the basic stuff go but blow the whistle to correct them if they run with the ball or double dribble frequently.
 - iii. No change of possession for traveling and double dribble. **Same team gets the ball out of bounds.**
 - iv. Call the obvious fouls to keep the game under control. No free throws. The offended team gets the ball out of bounds.
3. **Teach the basic mechanics of the game.** Hands up and defense, stay spread out on offense, pass the ball to teammates, running backwards and etc. These are fundamentals that kids need to learn early.
4. Don’t let one player dominate the game. That player needs to learn how to be a team player and the other players will only get better if they are involved.

Game Play

1. Basketball rim height is 9 feet for Boys 2/3 and 8.0 feet for Girls 1/2/3
2. Five Minute warm-up
3. Eight (5) minute periods (running time). Please make changes as expeditious as possible. Games need to be completed in one hour.
4. 3 minute halftime
5. No Time-Outs
6. Equal playing time for all players. Players should play in different positions during the game.
7. Start with a jump ball. Kids need to learn how to line up to do this. Alternating possession afterwards.
8. **No three second rule** but you should review the rule with your players during practice and speak to it during games.
9. Ball must be thrown-in after a made basket or violations (traveling, double dribble and etc.).
10. **Zone Defense ONLY.** Players must stay within the three-point arc. Once a defensive team secures the ball, the other team must fall back to the three-point area. No one can steal the ball until they get into the three-point area.
11. Instruct the players to stay in their defensive zone area and not “gang up” / double-team the dribbler or shooter. The game will flow much better and be more fun!
12. Maintain the pace of play but do not rush. Do not let the offensive team hold / stall the ball. Keep the players moving forward to the basket. Remember, the clock is running.
13. No three point baskets.
14. Reset scoreboard at halftime if the score is lopsided.